

head2head


The newsletter for Samantha Dickson Brain Tumour Trust



SAMANTHA DICKSON
BRAIN TUMOUR TRUST

Head to head with brain tumours

SUMMER 2009



Breakthrough in
childhood brain
tumour research **PAGE 3**



Hannah's story **PAGE 5**



BBC chooses SDBTT to take part in
their Lifeline Appeal **PAGES 5 & 12**



New patient support
service launched **PAGE 4**



A word from our Chairman

Looking back through last year's issue it is interesting to note that so much has happened in the meantime and we hope to continue to build on the tremendous successes we have all achieved in recent months. The vision of increasing survival rate and eventually finding a cure for brain cancer is still very much at the heart of all that we undertake.



I am delighted to announce that we are on target for another record income in the last financial year: £1.3 million that enables us to fund over £1 million in

world-class research. In turn, this will help us to improve our understanding of brain cancer and find out how to prevent, diagnose and treat it more effectively in the future.

Following the breakthroughs in childhood research that are mentioned in this latest issue, we are now extremely keen to achieve similar successes with adult brain tumours.

Please do take time to read the other articles enclosed – it is as much a tribute to supporters, Umbrella Groups, Friends of SDBTT and volunteers as it is to the team of clinicians and researchers working in the world of brain cancer.

I am deeply grateful to the ongoing support of everyone. Without the SDBTT extended team we would never have been able to achieve what we have so far.

Neil Dickson, Chairman

P.S. We remember all those who have lost their lives to a brain tumour, and those who have lost loved ones and friends. With your help we pledge to do all we can to improve the life chances of sufferers in the future.

Our charity number has changed!

SDBTT has a new Registered Charity Number 1128354 following the decision of our Board of Trustees to form a Company Limited by Guarantee. This is a standard change in accordance with currently recommended practice for charities like ours. Because of this, we now need to operate using the new charity number and also a company number. *So, all materials from now on should say 'Registered Charity No. 1128354; Company Limited by Guarantee No. 05615995'.*

For more information please contact annamaria@sdbtt.co.uk

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About us

SDBTT is the leading adult and childhood brain tumour charity dedicated to research in the UK. Our aim is to raise awareness, support and funds for brain tumour research to help fight this devastating disease and give hope to brain tumour patients in the future.

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enquiries@sdbtt.co.uk patientinfo@sdbtt.co.uk

0845 130 9733

Patrons: Dawn French, Earl Spencer, Jonny Wilkinson OBE, Fiona Fullerton, Alastair Stewart, Chris de Burgh, Michael Crawford, Delia Smith, Stephen Hendry, Hayley Mills, Christopher Bailey, Ciara Janson, Twiggy Lawson, Martin Amis, Sandy Lyle, Leslie Thomas, Julia Somerville, Dame Helen Mirren, Sir Thomas Lighton, Gayle McDermott, Tom Daley

Many thanks to the generosity of IT Power Limited for sponsoring this issue of SDBTT head2head newsletter.

www.itpower.co.uk

Breakthrough in childhood research



We are thrilled to announce our latest breakthrough, relating to low-grade astrocytomas in children, including pilocytic astrocytomas and grade II astrocytomas, which heralds a new era for brain tumour research.

The research involved detailed analysis of a large number of low-grade astrocytoma tumour samples, searching for genetic changes, and was led by Professor Denise Sheer at Queen Mary University of London and Professor David Ellison at St Jude Children's Research Hospital in America.

The work confirmed an earlier finding that a particular rearrangement of DNA was common in pilocytic astrocytomas – this rearrangement affects a gene

called *BRAF*. Two other genetic mutations were also discovered in the tumour samples.

Each of the pilocytic astrocytoma samples tested contained one of these three genetic changes. Furthermore, the team found that over one in four of the grade II tumours had genetic changes that activated the same pathway. From this research, it appears that alteration of the pathway is a trigger in the generation of low-grade astrocytomas.

Drugs that specifically target this pathway are already being developed for other cancers, and, although further research is needed, they may be appropriate in the future for treating low-grade astrocytomas –

particularly those that are not cured by conventional treatments.

This is an exciting breakthrough and an excellent example of international collaboration to improve the outcomes for people with brain tumours. It would not have been achieved without the generosity and support of all our donors – thank you!

 **For more information about this article and our other research breakthroughs, please visit www.braintumourtrust.co.uk/research.htm or email Julia@sdbtt.co.uk**

Above (left to right): **Prof Denise Sheer, Andrew Lawson, Dr Tim Forsheew and Dr Ruth Tatevossian**

Leading light at Centre of Excellence



Above: **Patron Earl Spencer with Neil and Angela Dickson in the UCL laboratory**

SDBTT and UCL are delighted to announce the appointment of Dr Paolo Salomoni as Programme Lead for the Samantha Dickson Brain Cancer Unit at UCL – the first dedicated brain cancer laboratory in the UK.

The post has been generously funded by a grant from the Brian Cross Memorial Trust, and Dr Salomoni will be appointed as **Brian Cross Professorial Research Associate**. Dr Salomoni has worked in Europe and the USA, and brings with him a wealth of experience and enthusiasm that will be vital in leading this Centre of Excellence and advancing research into brain tumours in the UK.

We look forward to working with him towards continuing breakthroughs made in understanding, diagnosing and treating brain tumours. Our umbrella groups are also contributing to the development of this initiative.

At the end of the telephone

Roz Osborne (right), Head of Patient Support, explains why having someone at the other end of the phone is so important...

Our helpline is contacted for two main reasons: emotional support and information requested by mainly relatives, friends or carers of someone who has been diagnosed with a brain tumour.

Often our callers wish to talk through the decisions facing them in terms of treatment and care. Callers want to share experiences with people who understand exactly what is happening and what they are going through. Talking through feelings with someone outside the situation and letting off steam helps to maintain strength and allows time out from what can often be an intense and emotional situation.

Our callers also want information on tumour types and the latest treatment and drug therapy. We are often asked about research and clinical trials, complementary therapies and how to go about getting a second medical opinion.

Why is this happening?

After the shock, disbelief and the feeling that the world has been turned upside down that so often follows the diagnosis of brain tumour, "Why?" is the common question asked of us. Could this have been prevented? What is the cause? Families can spend hours searching on the internet for answers and solutions which often produces information overload and can increase anxiety as no-one wants to leave a stone unturned and everyone wants to ensure their healthcare team hasn't missed anything.

What does the future hold?

What is happening now and what is going to happen are also common and important questions. It seems obvious to say (and easy to forget) that each and every one of us needs to be able to predict what will happen on a daily, weekly and monthly basis in the normal course of our lives. The importance of this is reinforced when faced with a serious illness. Entering into the world of healthcare with complex medical



language, different health professionals, numerous appointments and tough treatment regimes threatens life control and can lead to feelings of helplessness and confusion.

We understand all of this at the helpline. We work with individual callers on a confidential basis and supply help and information tailored to individual need. We also work with health professionals and health policy makers to ensure everything that can be done is being done for people living with a brain tumour.

 **For further information or support please call Roz on 0845 130 9733 or email patientinfo@sdbtt.co.uk**



Launch of new patient support service

Thanks to the generosity of our supporters and a grant secured from BBC Children in Need, we are delighted to announce the launch of our new **patient support service**. Our new service will provide a compassionate and high quality service for patients, carers, families and relatives.


The power of information

Thank you very much to everyone who attended our recent Patient Information Days in London and in Newcastle. We hope that everyone who attended found the days both informative and interesting.

This is what some of you had to say on the day ...

"Thank you for making me feel so welcome at the Patient Information Day. Although it was very emotional, it was wonderful to make contact with so many people and receive so much helpful information. I truly am inspired by all the fabulous work that you all do."

"It was a well organised and managed event. I really enjoyed the three sessions I attended – very informative and useful. You and your team members are doing fantastic work and I wish you all the best for your future events."

 **For further information on the patient support service and future events, please visit www.braintumourtrust.co.uk/supportgroups.htm, contact patientinfo@sdbtt.co.uk or call Roz on 0845 130 9733. Download presentations from these days at the above web address.**

A big thank you to The Daisy Trust who helped us fund our Patient Information Day in London.

Earl backs BBC Lifeline Appeal



Turn on your TVs and switch to **BBC 1** on **Sunday 2nd August** between 5pm and 6pm as Earl Spencer urges the nation to get behind SDBTT! We are delighted to have been given a tremendous opportunity to feature on BBC Lifeline and to highlight the continuing need for brain tumour research, so please do encourage all your friends to turn on their telies and support us!

News extra

Joining forces for clinical trials

We have recently launched an exciting joint grant round with Cancer Research UK for brain tumour clinical trials. This new initiative aims to overcome the desperate lack of clinical trials for people with brain tumours and reap the benefits that a collaborative partnership will bring in this important area of research.



Win a fabulous Fiat 500

Take part in our charity car draw and win a brand new Fiat 500. For more information please visit www.braintumourtrust.co.uk/Fiat500.htm

Unique opportunity not to be missed!

We are looking for one or two supporters who would be interested in joining our Grant Review Panel as lay members. This is a unique opportunity to provide input into the process of selecting research for funding. For more information please contact Julia at research@sdbtt.co.uk

Let the funding round commence

The latest SDBTT grant round for research projects is currently underway, with funding decisions by our Grant Review Panel and Trustees later in the year. We are determined to raise as much money as we can so that we can fund as many exciting and innovative projects as possible both now and in the future.



Adult brain tumour research

SDBTT not only funds research into childhood, but also into adult brain tumours. Nine of our current research projects relate to adult tumours and we will bring you an update on these important projects in our next issue.



Be inspired by Hannah Louise Jones

My name is Hannah Louise Jones and I was born on 21st July 1993. I have recently started raising money for the Samantha Dickson Brain Tumour Trust.

I was just like any other ordinary teenage girl with many hobbies like piano, Kung Fu, gymnastics and skiing. I love my life and everyone in it.

After experiencing small epileptic pauses, my doctor recommended a brain scan just to rule out the possibility of a brain tumour. However, in the summer holidays of 2008 to everyone's shock and disbelief, I was told I had a brain tumour in my right temporal lobe and I should go into hospital straight away ready for an operation. After two operations and whilst still in hospital, I was given the results from the tumour removed at the second operation and it was cancer! I kept strong and took the news in my stride. Without my friends, family and the amazing staff at the hospital, I don't think I would be so positive, but I am very grateful that I have all of these networks.

I want to share my experience and help others to be supported in difficult times. That is why I have been fundraising ever since and managed to raise a staggering £30,000 with the help of my family and friends! Thank you to you all!

I plan to continue my fundraising for the trust and spread much more awareness about brain tumours. I hope that my story has given more people a positive view about the situation and also how being positive can really help you to progress in life. Never give in!

“This is the second time I’ve launched a new research study at Newcastle University, and it’s great to hear that the work being done here is producing real breakthroughs.”

Jonny Wilkinson OBE



Jonny gets tough on tumours

England Rugby International star, Jonny Wilkinson, recently launched a major new national study into childhood brain tumours at Newcastle University.

Jonny was joined by supporters, local families affected by brain tumours and members of the research team at an event to celebrate the start of the pioneering study at the University. He signed rugby balls for each of the children and presented a cheque for £44,100 to Dr Steve Clifford, lead researcher on the new project.

Study builds on earlier breakthroughs

The study aims to improve understanding of a tumour called medulloblastoma, which is the most common malignant brain tumour in children. It will trial a new UK-wide

system for testing tumour samples and investigating a range of biological characteristics on a routine basis, and assess whether this could be used to improve diagnosis and tailor treatment for individual patients.

The research builds on earlier breakthroughs that we have funded. It includes, for the first time, a test for the protein beta-catenin, which was found to relate to the severity of the tumour in previous research. It paves the way for two European clinical trials expected to start next year.

Jonny commented: "I am proud to be a Patron of the Samantha Dickson Brain Tumour Trust and to be supporting

further research into this devastating condition. This is the second time I've launched a new research study at Newcastle University and it's great to hear that the work being done here is producing real breakthroughs."

Dr Steve Clifford, lead researcher on the new project, said, "The new study marks an exciting development in seeking to improve the diagnosis and treatment of children with brain tumours. I am grateful for the continued support we have received

from Samantha Dickson Brain Tumour Trust and am delighted that our partnership is producing results with potential benefits for patients."

"I am delighted that our partnership is producing results with potential benefits for patients."



Opposite page and above: Jonny took time out to spend the afternoon with many of the children and adults who are affected by brain tumours.



Above: Dr Steve Clifford in the laboratory funded by SDBTT.

Together we are stronger

It's eight years since the first SDBTT Umbrella Group was formed as a consequence of the loss of a loved-one. Although the creation of any group is under difficult circumstances, the successes that they bring to SDBTT are incredible. We have seen eleven new groups join since the last issue and increasing numbers of people are recognising the importance of raising money to fund brain tumour research and provide support to patients and their carers.



Susannah Lees remembered

In addition to this, three 'Friends of SDBTT' Groups have been established over the past three months. These Friends Groups are a new venture, as we recognised that there were other groups of people keen to fundraise in the name of a loved one. Again, we welcome our new Friends to the fundraising team!

Our groups are also being more successful in their fundraising activities than ever before – raising £450,000 in the last year alone – and making a huge contribution towards our target income of £1.3 million. So a **huge thank you to all the groups**, and everyone who has sky-dived, run a marathon, held a ball, or done anything else that you care to imagine to raise funds for one of these inspiring groups.

However, there is still much work to be done if SDBTT is to continue to increase the level of funding that is channelled into research. If you can help in any way or are interested in setting up an Umbrella Group or Friends of SDBTT Group then please get in touch.



Call Julia on 0845 130 9733 or email the team at umbrella@sdbtt.co.uk

Our new groups are:

SDBTT Nick Fox Fund • SDBTT Nick Ryan Fund • SDBTT Molly Bubb Fund • SDBTT Rose Buddies Fund • SDBTT Andy Petersen Fund • SDBTT Alistair Good Fund • SDBTT Kevin Wilcox Fund • SDBTT Isabel Rigby Fund • SDBTT Brain Tumour Girls Fund • SDBTT Hannah Louise Jones Fund • SDBTT Christopher Morgan Jones Fund • Friends of SDBTT – Lucinda Davis Group • Friends of SDBTT – Bethany Walker Group • Friends of SDBTT – David Philip Crooks Group

Our Groups in action:

Right: Anne O'Connor taking to the air for SDBTT Clare Kemlo Fund.

Far right: A night with Elvis for SDBTT Ben Sambrook Fund.



Diary dates for summer

18 JULY: Friends of SDBTT – Lucinda Davis Group, the 9th Annual Strawberry Ball

Following recent years' successes, the Davis family are inviting everyone to join their amazing dinner and dance night at Wotton Farm Shop, Waterley Farm, North Nibley.

29 AUGUST: SDBTT Molly Bubb Fund, Dinner & Dance

Join Molly's family for a Dinner and Dance night at The Kings Hall in Herne Bay, where musical entertainment from EK1 and Invicta DJ will provide an unforgettable night.

26 SEPTEMBER: SDBTT Harry Jones Fund, Charity Ball

Come and join the Jones family annual charity ball at the Croydon Hilton Hotel.

9 July – 12 September: SDBTT Ruby Lois Barnard Brady Fund, Matt's Enormous Bike Ride

Take a look at Matt Brady's "Big Bike" adventure as he cycles coast to coast across the USA between July and September and eats up 4,250 miles of road.



For more information on these and other events please visit www.braintumourtrust.co.uk/groups.htm or call Sarah on 0845 130 9733.



Isobel Kelley Fund

Isobel's parents, Dave and Kate, and their family and friends have raised a fantastic £100,000 since the fund was set up in 2003. Well done to everyone who helped to achieve this amazing target.



Peta-Jane Gath Fund

A huge thank you to Peta-Jane's husband, Matthew, family and friends who have also raised £100,000 by working extremely hard since the fund was set up in 2004. Thank you very much.

Groups explained...

Regular supporters who are raising money either in memory of a loved one or for someone living with a brain tumour can decide to form an **SDBTT Umbrella Group** or a **Friends of SDBTT Group**. Our aim is for each individual Umbrella Group to raise £10,000 - £20,000 and the Friends of SDBTT Groups to raise around £2,000 - £10,000 each year on an ongoing basis. For more information please email the team at umbrella@sdbtt.co.uk

Fundraisers united

We are record breakers!

At SDBTT we are expecting to exceed our target income of £1.3 million in 2008/09, allowing us to fund over £1 million in world-class research for the first time. This amazing income also helped us to launch our new patient support service. To read more about the service please go to page 4.

This is only possible thanks to the support and loyalty of all our Umbrella Groups, donors, patients and volunteers. So, thank you to everyone who has supported us this year; your help really makes a difference and by working together we can achieve so much more.

This record income has allowed us to fund several new research projects and, even more significantly, our first dedicated Centre of Excellence for research into brain tumours at UCL.

This year has seen other successes too:

- Several of our research projects have made breakthroughs in the understanding of brain tumours.
- We have been selected to take part in the BBC Lifeline appeal.
- We have helped over 250 people diagnosed with brain tumours and their carers.
- We have raised awareness of brain tumours by successfully publishing leading articles in The Times, The Daily Mail and The Telegraph.

Because of your overwhelming support SDBTT is able to invest £1 million in research and also commit additional funds to our patient support services. Together we hope to make 2009/10 another record year.

Above left: Laura Seaman and sister Amy are completing the Blackpool Half Marathon.

Right: Boehringer Ingelheim employees get their hands dirty during their charity 'Car Wash' day.

Choosing SDBTT

A big thank you to those who have chosen us as their Charity of the Year. They include:

- **Thomas's Battersea School**, London which has raised an amazing £8,000 since Nov 2008.
- **Gerald Eve**, a firm of chartered surveyors, which has raised a fantastic £3,347.22 since Dec 2008.
- **Boehringer Ingelheim**, a company dedicated to the research and development of medical products to improve, sustain and care for life, which has raised a staggering £6,265.00 to date.
- **Richmond House School**, Leeds, which supports the SDBTT Shaun Lee Johnstone Fund, has raised £3,000.



Above: Neil and Angela Dickson with Ray and Paula Johnstone at Richmond House School.

Below: SDBTT receives an amazing £1,500 from British Gas.




Past events



Susan's amazing ride

Earlier this year Susan Dunn was inspired to ride through southern India, in memory of her father, Robert, on an Enfield Bullet motorbike. The 2,200km trip over two weeks took in some spectacular terrain and helped Susan to raise nearly £3,500 for us.

 If you've ever thought of taking part in a charity challenge check out our page at www.braintumourtrust.co.uk/events.htm

The Virgin Velo's incredible cycle

The Virgin Velo's: Nicola Edwards, Sara Hall, Alicia Warden, Allison Harding, Beccy Blackman, Abby Symons have made it! The challenge, to cycle all the way from London to Paris, was inspired by a remarkable and brave little boy, Charlie, who is undergoing a traumatic treatment at the moment for a tumour that was discovered last summer. So far the girls have raised the tremendous sum of £13,534.33. Well done to you all!



Looking back...

A very sincere THANK YOU to everyone who has supported SDBTT and helped us to celebrate our successes in the journey to finding a cure for brain cancer. It is not possible to mention everyone here but your commitment to our vision is very much appreciated.

Snapshots of recent fundraising events...

Thank you to **Eunice Page** from Wiltshire who raised £100 from her quiz night, employees of **Bechtel** in London for raising £24.90 from their book sale, **Paglesham Clay Pigeon Club** for raising £3,325.00, **The Wavell School**, Farnborough, who collected £50 from their cake sale, **Thornford C E VA Primary School** in Dorset who raised £270.90 from a balloon race and **Kingsclere Rugby Club** in Newbury for their race night which raised £350. Thank you very much to **Lucy Hall** and her brother, **Alec Rossiter**, who jumped out of an aeroplane on 23rd April and raised £2,010 in memory of their Mum, Janny Rossiter.

Also thank you so much to all the participants in this year's "Tea Party Extravaganza". In total, over 100 parties were held throughout the country and raised an amazing **£14,203.37**. However, funds will continue to come pouring in as some of you have confirmed that you are planning to hold tea parties over the summer period. Please keep raising your cups for SDBTT.

Jenny Davies holds a raffle at her tea party.

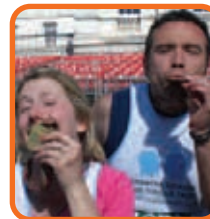


Keep on running

We greatly appreciate all the efforts that our runners put into fundraising over the past six months, as well as the agonies everyone went through in their training. All the money raised will help support our research programmes, which are improving the quality of life and survival rates for people with brain tumours.

Over 1,000 runners across three Wednesday evenings took part in the annual **Yateley 10k** Road Race series. A cheque for £1,500 was presented to SDBTT on the 15th May by Sandhurst Joggers and the then Yateley Town Mayor, Councillor John Keane.

Thank you to Chris Jeffery who successfully completed the **Stockholm Marathon** in May and has raised £574.14 for us.



A huge thank you to all our runners who took part in this year's **Flora London Marathon**. Our marathon men and women were: *Dave Kelley, Racheal Rowe, Paul Risbridger, Leigh Mayoh, Sarah Austin, Ritesh Shah, Paul Robinson, Paul Warren, Nickie Thomas, Mark Burtwell, Marc*

Ballard, Mark Green, Lorna Brocklesby, Lisa McShea, Lisa Hale, Helen Gilchrist, Kim Debling, Ian North, Helen Brown, Eliana Bailey, Delia Monk, David Jefferies, Antony Ellerington, Andrew Marsden and Shaun Coote. And together they raised £50,000 for SDBTT. An incredible effort... in every way!



And also a big thank you to all our runners at the **BUPA Manchester 10k** who raised £4,500 in total for us. They were: *Gemma Barratt, Clare Humphries, Michelle Jones, Mike Donohoe, Michael Robinson, Jason Gray, Daniel McCarthy, Stella Andrews and Peter Hardwick.*

It's a date!

- 18 July: Music Festival at Preston
- 20 July - 5 August: LEJOG Bike Ride
- 2 August: Manchester Fun Run
- 19 August: Charity Golf Day
- 27 August: Sevenoaks to Stockholm in a Sauna
- 5 - 11 October: Walk Around the World for Brain Tumours
- 15 - 23 November: Cuba Bike Ride

 For more information on these events please visit www.braintumourtrust.co.uk/events.htm or call Sarah on 0845 130 9733.

A big thank you from SDBTT

The Northern Masquerade Ball, held in March, was a great success. Everyone had an amazing time and the night raised a staggering grand total of £38,617.67 for SDBTT. These funds made a significant contribution to the newly launched research project at Newcastle that you can read about on pages 6 & 7. A cheque was presented by Jonny Wilkinson OBE and members of the ball committee to Dr. Steve Clifford.

Mayor's charity dinner: We have received a final figure for the amount raised at the Yateley Mayor's Charity Dinner at Warbrook House in March. The total reached an impressive £2,358.20 and, without doubt, the high standard of the singing by the Guildford School of Acting, along with the excellent meal and service at Warbrook contributed to everyone's generosity.

Fundraiser of the Year Award: We are pleased to announce that Andrew and Sharon Bygate have won our fundraiser of the year award. A brain tumour sufferer himself, Andy and his wife Sharon are determined to keep fundraising to support our vital work.

Below: **Founders of SDBTT with Andy and Sharon Bygate.**



Looking forward...

LEJOG Bike Ride

Sean Robertson, a brain tumour survivor of 15 years, is certainly up for a challenge, as he is training for a 16 day bike ride, averaging 65 miles a day, from Land's End to John O'Groats. Between 20th July and 5th August, Sean will be accompanied by his friend Terry Finlay on the **LEJOG Bike Ride**. Terry's wife, Mandy, has a spinal tumour and has recently been through radiotherapy. Good luck to both cyclists and if you wish to sponsor them then please visit www.justgiving.com/seanterrylejog

Sean Robertson says, "Tumours have dramatically affected our lives and the lives of those around us. It seems these days that you can't have a conversation without hearing about someone who is struggling with this debilitating condition. As a consequence, we desperately wanted to do something for a related charity. SDBTT do excellent work so please sponsor us now!"



Manchester Fun Run

Come and join us on 2nd August at our **Manchester Fun Run** in memory of Jake Kershaw (pictured left with his parents). The 4.5 mile run (or walk) will take participants from Manchester City to Manchester United! For more information please visit www.jakekershaw.co.uk/fundraising.html or call David Kershaw on 07846 832 414 or email daddy@jakekershaw.co.uk

Walk Around the World for Brain Tumours



Come and take part in the **Walk around the World for Brain Tumours** week 5th - 11th October. You can organise a sponsored walk in your area, any distance, anywhere, to raise awareness about brain tumours and to donate the mileage covered to the "World Walk" target of circling the earth five times at the Equator (125,000 miles or 200,000 kilometres). For more information, please visit our website www.braintumourtrust.co.uk/WalkAroundtheWorldforBrainTumours.htm

Cuba Bike Ride

Two of our own staff, Carole Dear and Annamaria Fox, have decided to jump on their bikes in November and cycle 380km in Cuba to raise much needed funds for SDBTT. If you wish to support the **Cuba Bike Ride**, please go to www.justgiving.com/caroleincuba or www.justgiving.com/annamariafox

Good luck girls and power to your pedals!

How you can help

I would like to help

- I would like to make a donation of £ _____
- Yes, I would like to receive regular updates about the charity
- Yes, I would like to be contacted by a patient support team member by phone/email/post (please delete as appropriate)

Name (Mr/Mrs/Miss/Ms): _____

Address: _____

_____ Postcode: _____

From time to time we would like to communicate with you via telephone or email. If you wish to be contacted in either of these ways, please provide your details below:

Tel: _____

Email: _____

- I enclose my cheque/postal order payable to SDBTT **OR**
- Please debit my Switch/MasterCard/Visa/American Express/CharityCard
(please delete as appropriate)

Card number: _____ (Switch only)

Expiry date: Issue no. (Switch only)

giftaid it **Gift Aiding your donation at no extra cost to you:** For your donation to be eligible for Gift Aid, you must pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April one year to 5 April the next) that is at least equal to the amount of tax that the charity will reclaim on your gifts for that tax year.

Please tick the appropriate box

- Please treat the enclosed gift, and all gifts of money that I have made in the past 6 years and all future gifts that I make from the date of this declaration as Gift Aid donations.

Signature _____

Date _____

Please notify us if you want to cancel this declaration or if you change your name or home address.

Thank you for your support!

The personal information you provide will be held securely in accordance with our internal policy and the Data Protection Act 1998. For more details please contact us. Please tick this box if you would prefer not to receive mailings from us. Please tick this box if you require an acknowledgement.

Please return this form to: SDBTT, Saddlers House, 100 Reading Road, Yateley, Hampshire, GU46 7RX OR contact us via www.braintumourtrust.co.uk
Tel: 0845 130 9733 Email: enquiries@sdbtt.co.uk

Share your thoughts with us

We would be very interested to know your thoughts on reading the information provided in this issue or any other comments you might have:

Alternatively you can email your thoughts to: enquiries@sdbtt.co.uk

Help support our vital work today

Watching TV can save lives...

Don't forget to turn on your TVs and switch to BBC 1 on Sunday **2nd August** between 5pm and 6pm as Earl Spencer urges the nation to get behind SDBTT! The **BBC Lifeline Appeal** is the BBC's monthly television charity appeal programme, which has helped raise money for and increase the profile of hundreds of charities across the UK and abroad over the last twenty years. Do tell all your friends and family to watch... channelling funds for research into brain tumours could save lives in the future.

Why don't you...

- **make a donation** by visiting our website www.braintumourtrust.co.uk or simply by returning the response form on the left hand panel. You can also call our office on 0845 130 9733 where we are happy to take donations over the phone.
- **make us your 'Charity of the Year'**. This is a fantastic way for corporates and other organisations to offer valuable support to SDBTT.
- **organise a fundraising event**, such as a tea party, a car boot sale or a school fair by involving your family, friends and colleagues. For more ideas and inspiration please visit www.braintumourtrust.co.uk/ideas.htm
- **take part in a sponsored challenge**, for instance join our "Walk Around the World for Brain Tumours"; jump on your bike for a sponsored bike ride or, if you are really brave, go for a sponsored parachute jump. You can read about many more other challenges on our website www.braintumourtrust.co.uk/events.htm

